



# BUFFALO MOUNTAIN MARKET

COOPERATIVELY OWNED

Ph: 802-472-6677

75 Mill Street  
Hardwick, VT 05843

Open 7 Days a Week!

[www.bmfc.coop](http://www.bmfc.coop)



Prices Valid: Friday, May 2 - Thursday, May 8, 2025

## Perfect Picks for Mother's Day!



Certified Angus Beef®  
Boneless, Family Pack  
**New York Sirloin Steak** **\$8.99** lb



Deli Sliced  
**New England Traditions Roast Beef** **\$11.99** lb



8 oz. Pkg. Selected Variety  
**Cedar's Hommus** **2/\$5**



10 ct. K-Cups or 12 oz. Bags  
Hot Cocoa or Selected Variety  
**Dunkin' Coffee** **\$6.99**



15-24 oz. Selected Variety  
**Classico Pasta Sauce** **2/\$5**



Pint  
**Naturipe Blueberries** **2/\$4**



16 oz. Selected Variety  
**Teddie Peanut Butter** **\$3.49**



6 Double Rolls  
Simple Size Select  
**Simply Done Paper Towels** **\$5.99**



Plump & Juicy  
**Sunset Cluster Tomatoes** **\$1.09** lb



8-11 oz. Selected Variety  
**TGI Fridays Appetizers** **\$4.49**



48 oz. Selected Variety  
Frozen Yogurt or  
**Hood Ice Cream** **\$3.49**



19-23 oz. Pkg. Selected Variety  
**Nashoba Brook Bakery Sliced Half Bread** **\$4.99**

# Grocery, Snacks, & Beverages

28 Pack, Half Liter Bottles  
Pure Life  
Purified Water **\$4.99**  
+Dep. where app.



11-12 oz. Selected Variety  
Post  
Honey Bunches  
of Oats Cereal **\$2.99**



8.5-8.8 oz. Selected Variety  
Ben's Original  
Ready Rice **2/\$5**

7.25 oz. Selected Variety  
Kraft  
Mac & Cheese **4/\$5**



12.8 oz. Selected Variety  
GoGo Squeez  
Applesauce **\$2.99**



6.75 oz. 8 Pack, Selected Variety  
Juicy Juice  
100% Juice **\$3.29**

25.1 oz.  
4C  
Iced Tea Mix **\$4.99**

12 oz. Selected Variety  
SPAM  
Luncheon Meat **\$3.99**

64 oz. Selected Variety  
Juicy Juice  
100% Juice **\$3.49**  
+Dep. where app.

8.8-12 oz. Selected Variety  
Kellogg's  
Cereal **\$3.99**

12 oz. in Water  
Chicken of the Sea  
Solid White Tuna **\$3.99**

32 oz.  
Clamato  
Tomato Cocktail **\$2.99**  
+Dep. where app.

12-16 oz. Selected Variety  
Ronzoni  
Pasta **2/\$3**

5 oz. Selected Variety  
Mrs. Cubbison's  
Croutons **\$1.79**

Liter Bottle, Selected Variety  
Poland Spring  
Sparkling Water **99¢**  
+Dep. where app.

12-14 oz. Selected Variety  
Minute  
Rice **\$2.79**

12 oz. Squeeze Bottle  
Food Club  
Spicy Brown Mustard **\$1.39**

34 oz. Selected Variety  
Arizona  
Drinks **4/\$5**  
+Dep. where app.

13 oz. Gluten Free  
Aleia's  
Italian Bread Crumbs **\$5.99**

8 oz. Squeeze Bottle  
Food Club  
Yellow Mustard **79¢**

15 oz. Selected Variety  
Wish-Bone  
Dressing **2/\$5**



16 oz. Selected Variety  
Food Club  
Pickles **\$2.29**



8.5-12 oz. Selected Variety  
Crav'n Flavor  
Fudgy Cookies **2/\$4**



8.125-18 oz.  
Selected Variety  
Lay's  
Snacks **\$4.99**



9.375-18.125 oz. 15-30 ct.  
Selected Variety  
Frito Lay  
Snacks **\$9.99**

6 oz. Selected Variety  
Food Club  
Pitted Olives **\$1.89**

2-3 lb. Selected Variety  
King Arthur  
Gluten Free Flour **\$8.99**

11 oz. Selected Variety  
Unique Snacks  
Splits Pretzels **\$3.49**

16 oz. Organic, All Natural  
Teddie  
Peanut Butter **\$6.99**

16 oz. 100 ct.  
Sugar In The Raw  
Turbinado Cane Sugar **\$3.79**

7.76-8.82 oz. Selected Variety  
Gluten Free  
Locker  
Quadratini Wafer Cookies **\$3.49**

15.25-18.4 oz. Brownie Mix or  
Selected Variety  
Pillsbury  
Cake Mix or Frosting **2/\$4**

4.23 oz. Selected Variety  
Just the Fun Part  
Waffle Cones **\$4.99**

4.9 oz. Selected Variety  
Walker's  
Shortbread Rounds **\$3.99**

15.4-21 oz. Selected Variety  
Krusteaz  
Muffin Mix **\$2.99**

13 oz. Selected Variety  
Crav'n Flavor  
Potato Chips **\$3.29**

7.5-13.7 oz. Selected Variety  
Crav'n Flavor  
Crackers **2/\$5**

5 lb. Selected Variety  
King Arthur  
Organic Flour **\$8.99**

2.4 oz. Selected Variety  
Clif Bar  
Energy Bars **2/\$3**

# Pet & Household



12-21.5 oz. Selected Variety  
**OxiClean**  
Stain Remover **\$3.99**



7.5 oz. 2 Pack  
Selected Variety  
**Dove**  
Beauty Bars **\$4.99**



6 Mega Rolls  
Selected Variety  
**Simply Done**  
Bath Tissue **\$6.99**

# Frozen & Dairy



4.5-6.7 oz. Selected Variety  
**Chobani**  
Greek Yogurt **4/\$5**



32 oz. Selected Variety  
**Stonyfield Organic**  
Whole Milk  
Yogurt **\$4.49**



64 oz. Selected Variety  
**Almond Breeze**  
Almondmilk **\$2.99**



22 oz. Selected Variety  
**Kozy Shack**  
Pudding **\$3.99**



12 oz. Selected Variety  
**Food Club**  
Vegetables **99¢**



24-37.5 oz. Selected Variety  
**Hood**  
Ice Cream  
Novelties **\$3.49**

16 oz. Selected Variety  
**Food Club**  
Cheese Bars **\$3.99**

18.3-18.9 oz. Selected Variety  
**Ellio's**  
Pizza **\$3.99**

32 oz. Selected Variety  
**Food Club**  
Shredded Cheese **\$7.99**

25-28 oz. Selected Variety  
**On-Cor**  
Meals **\$4.49**

10 oz. Selected Variety  
**Stonyfield Organic**  
Smoothies **\$1.79**

22 oz. Selected Variety  
**Bertolli**  
Pasta Meals **\$7.49**

16 oz.  
**Hood**  
Half & Half **\$1.69**

8 oz. Shepherd's Pie or  
**Blake's**  
Chicken Pot Pie **\$3.49**

6.5 oz.  
**Hood**  
Instant Whipped Cream **\$2.49**

29 oz. Selected Variety  
**Banquet**  
Fried Chicken **\$9.99**

6.5-8 oz. Selected Variety  
**Land O Lakes**  
Spreadable Butter **\$2.49**

48 oz. Selected Variety  
**Kemps**  
Frozen Yogurt **2/\$7**

28.2-32.7 oz. Selected Variety  
**Crav'n Flavor**  
Pizza **\$5.69**

7.5-16 oz. Selected Variety  
**Dove, M&Ms, Twix, or Snickers**  
Ice Cream Novelties **\$4.49**

# Meat, Deli, & Seafood

Certified Angus Beef®, Boneless  
Round Tip Steak

**\$6.49**  
lb

Fresh, Boneless, Family Pack  
Country Style Pork Ribs

**\$2.79**  
lb

8 oz. Pkg.  
Sugardale  
Pepperoni

**\$2.99**

13.5 oz. Pkg. Selected Variety  
Johnsonville  
Sausage

**\$4.49**

Deli Sliced, Gourmet  
Dietz & Watson  
Chicken Breast

**\$7.99**  
lb

Deli Fresh  
Häns Kissle  
Asian Sesame Noodle Salad

**\$4.99**  
lb

Deli Fresh  
Häns Kissle  
Cheese Tortellini Salad

**\$6.99**  
lb

Deli Fresh  
Häns Kissle  
Cranberry Walnut Chicken Salad

**\$12.99**  
lb

1 lb. Pkg. 26-30 ct. Frozen, Easy Peel  
Sea Best  
Raw Shrimp

**\$5.79**

Certified Angus Beef®  
Boneless  
Sirloin Tip  
Roast

**\$5.99**  
lb

Fresh, Family Pack, Boneless  
Center Cut  
Pork Chops

**\$2.49**  
lb

Fresh, Family Pack  
Chicken  
Drumsticks

**89¢**  
lb



1 lb. Pkg. Frozen  
Tail On, 41-50 ct.  
Sea Best  
Cooked Shrimp

**\$7.29**



Deli Sliced  
Dietz & Watson  
Provolone Cheese

**\$5.99**  
lb



Fresh, Family Pack  
Chicken  
Thighs

**\$1.69**  
lb

# Produce



6.45-7.5 oz. Pkg. Selected Variety  
Little Leaf Farms  
Salad Kit

**\$3.99**



Juicy, California  
Peelz  
Navel Oranges

**79¢**  
lb



Fresh  
Sunset  
English  
Cucumbers

**99¢**  
ea



Fresh  
Sunset  
Red Peppers

**\$2.29**  
lb

Fresh  
Zucchini or Summer Squash

**\$1.59**  
lb

3 lb. Bag  
McIntosh Apples

**2/\$5**

Fresh  
Peelz  
Lemons

**59¢**  
ea

California  
Red Grapefruit

**\$1.09**  
ea

3 lb. Pkg. N.E. Grown  
Cold River Gold  
Premium Potatoes

**\$1.49**

Fresh  
Broccoli Crowns

**\$1.69**  
lb

In Floral  
Pretty in Pink Bouquet

**\$8.99**  
ea

In Floral  
Warm Hug Bouquet

**\$10.99**  
ea

In Floral, Grande  
Beautiful Soul Bouquet

**\$14.99**  
ea

Buffalo pg4

## Classic Buttermilk Waffles from Scratch

• Total Time: 30 mins  
• Servings: 12 waffles

krollskorner.com

### Ingredients:

- 2 cups All-purpose flour
- 3 Tbsp. granulated sugar
- 2 1/2 tsp. baking powder
- 1/2 tsp. salt
- 3 large eggs (separate whites and yolks)
- 2 cups buttermilk
- 6 Tbsp. unsalted butter, melted
- 1 tsp. vanilla extract

### Directions:

- In a large bowl mix flour, sugar, baking powder and salt.
- 2 cups All-purpose flour, 3 Tbsp. granulated sugar, 2 1/2 tsp. baking powder, 1/2 tsp. salt
- In a medium sized bowl, whisk together the egg yolks, buttermilk, butter and vanilla.
- 3 large eggs (separate whites and yolks), 2 cups buttermilk, 6 Tbsp. unsalted butter, melted, 1 tsp. vanilla extract
- Fold the wet ingredients into the dry.
- Beat egg whites with a hand mixer or stand mixer until soft peaks are formed. Then fold the whites into the batter. Let the batter sit for 10 minutes before pouring in your waffle iron.
- Spray your preheated waffle iron with non-stick cooking spray. Pour batter onto hot waffle iron and cook until golden brown. Serve hot with your favorite waffle toppings!

